



UNITED DAY NURSERY, INC.
PARENT NEWSLETTER
October 2011

*Sponsored by United Lutheran Church and a Participating United Way Agency *
WWW.DRAVES.COM/UDN

MARK YOUR CALENDARS...



Looking ahead...

- Oct. 12th – Brian’s Photography @ UDN; 9:00 a.m.
☺ ~ Picture Day ~ ☺
- Oct. 14th – GF Fire Truck visit to UDN; 2:30 p.m.
- Oct. 14, 15th – NDAEYC Fall Conference *in Minot*
- Oct. 19, 20, 21 – No GF Public School
- Oct. 20th – Board of Director’s Meeting; 4:30 p.m.; ULC Library
- Oct. 22nd – I am MOVING Iam LEARNING – Promoting Healthy Lifestyles in Children Through Movement; Devils Lake; 9:00a.m. – 4:00p.m.
- Oct. 20th – All Staff Meeting; 6:30 – 8:30; Child Abuse & Neglect Presented by Kari Olson and Tammy Knudson

Looking ahead...

- Nov. 2, 3 – UND Speech, Language & Hearing Screenings begin @ 8:45 a.m.; watch for further information
- Nov. 6th – Daylight Savings Time Ends; (clocks are set back 1 hr.)
- Nov. 11th – Veteran’s Day; No GF Public School
- Nov. 22nd – 6:30 – 8:30 pm; All Staff Mtg.
- Nov. 24 - UDN Closed; Fri. 25th No GF Public School

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- It is very helpful and much appreciated if you call in to the office (or catch your child’s area supervisor and/or teacher) to *let us know if your child(ren) will not be in attendance on days when they are scheduled to be here and especially so on ‘special days’ such as Oct. 19, 20, 21 and Wed., Nov.. 23rd and Fri., Nov. 26th.*
- [Calls are always appreciated ☺ !!]

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On these potential lower count (attendance) days it’s nice to be able to provide staff with time off (for those who request it.) This is possible when parents inform us ahead of time!!
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**Updating Children’s Files**

Licensing rules require that UDN Mgmt. staff verify identification of all children enrolled for care and education. This requires seeing a copy of each child’s birth certificate (a copy can be brought in to place in your child’s file, if you so choose to); as proof of identification. A passport also serves the same purpose. A state or federal document is necessary for this proof of identification.

**UND’s** Communication Sciences and Disorders will be here Nov. 2nd & 3<sup>rd</sup> to do speech, language, hearing screenings on **children ages 3 and up**. *This will be done free of charge this year for UDN children/families.* Sarah Robinson, Ph.D., CCC-SLP will coordinate efforts

**Policy reminders:**

**Bringing in snacks/treats** - United Day Nursery serves three USDA certified meals (breakfast, lunch, afternoon snack). Due to possible food allergies, no outside foods will be served.

Along this note, some suggestions are: Examples might be bubbles, play-doh, stencils/paper/pencils, glitter glue, stickers, a book in honor/recognition of celebration.

• **Outdoor Play** - Children will be going outside with teachers at least once a day year round; alternating mornings and afternoons based on weather conditions. All children will go outdoors with their teachers and classmates - if there is medical reason why your child should not be outside on certain days, a doctor’s note is required.

*Please dress your child(ren) in comfortable (layers) clothing suitable for both indoor and outdoor activity.*

United Day Nursery is a “**partner agency**” of United Way!



Scholarships are available to families that qualify for financial assistance as long as funds are available. Scholarships are made possible by United Way and United Lutheran Church.

*Keeping in contact with  
**SAFE KIDS GRAND FORKS:***



**Next Car Seat Checkup Event:**  
*Thursday, Nov. 10th, 2010 4-7 pm  
at Rydell GM Auto*

**A Reminder for everyone...be pro-active**  
Washing hands upon arrival – first thing before joining play/interaction is a must for all – staff and children, parents included if staying to interact!

**\*\*This is to happen daily - each and every child, teacher and parent will be reminded upon arrival to wash hands before allowing child into classroom to play/interact with peers, staff, etc.**

Please encourage children to wash hands as they leave for the day as well – to not bring germs from UDN to home or other center, etc.

**HAND WASHING is key to prevention of spread of illnesses and/or diseases.**

*Anyone (adult and/or child) who touches or puts their hands near their orafaces (holes with secretions) on their faces will be required immediately to go and wash hands. Wiping noses included! Bare minimum is to use the antiseptic hand sanitizers; preferred is to get to a sink and use proper hand washing procedures. TIMING is crucial – as required for the actual procedure of handwashing!*

**COVER YOUR COUGH (and/or sneeze!)**

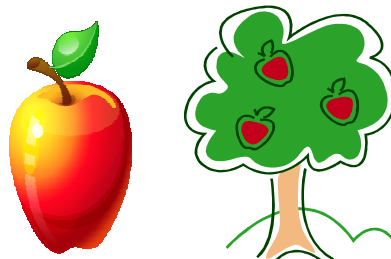
preferably with one’s elbow and/or in the neck of your shirt is an expectation of all staff and children! It will still be necessary to wash hands if one’s hands were (and most likely!) in the way of the ‘spray’!

**This all is being done to prevent spread of illness amongst staff and children as we work and play in such close quarters; as well as to prevent – be pro-active – for all who come into United Day Nursery.**

A general rule to follow is, if presenting with flu symptoms – fever, cough, sneezing, chills, aches, sometimes diarrhea or vomiting - - please keep your child (and/or self) home! It is very important that we take the steps we know can protect all of us.

Quotes for month:  
*The best way to cheer yourself up is to cheer somebody else up. Mark Twain*  
*Life is trying things to see if they work. Ray Bradbury*

Fun songs/fingerplays for children, teachers, and parents!



**Did You Ever See An Apple?**

(To the tune of "Did You Ever See A Lassie?")

Did you ever see an apple,  
An apple, an apple?  
Did you ever see an apple,  
High up on a tree?  
There are red ones and yellow ones,  
And green ones and pink ones.  
Did you ever see an apple,  
High up in a tree?



**Autumn Leaves** (Tune: London Bridge)

Autumn leaves are falling down, falling down,  
falling down.( arms up high like a tree then lower as song goes on )

Autumn leaves are falling down, (lower your voice)

Down to the ground (squat down and continue with this finger play)



1 little, 2 little, 3 little leaves; 4 little, 5 little, 6 little leaves; (can continue Whoo! Blow them all away!